

# Social and emotional development is important for your child's wellbeing.



# Social and emotional development includes:

## How your child gets along with others

For example:

- How your baby connects with you
- How your preschooler makes friends

## How your child responds in challenging situations

For example:

- How your baby reacts when you are not available
- How your toddler responds to the word 'no'

## How your child copes with strong feelings

For example:

- How your baby responds to being soothed
- How your preschooler shows they are upset

If you have questions or concerns about your child's social and emotional development from the time your baby is born until they start school, a Healthy Babies Healthy Children public health nurse is available to talk with you.

Learn more about what to look for and get support by calling Health Connections at 905-546-3550.

