



**Centre Name:** Bennetto Community Centre  
**Address:** 450 Hughson St N  
**Phone:** 905-546-3747

**For real time program info:**  
[hamilton.ca/gym](http://hamilton.ca/gym)



GYM SCHEDULE – SPRING 2024 – APRIL 1, 2024 – JUNE 30, 2024						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Cardio, Balance and Strength</b> (55+) 10:00am-11:00am <b>\$2.49 per visit</b>	<b>Open Gym</b> (Parent and Tot) 10:30am-12:00pm	<b>Basketball</b> (18+) 7:30pm-9:00pm	<b>Open Gym</b> (Parent and Tot) 10:30am-12:00pm	<b>Cardio, Balance and Strength</b> (55+) 10:00am-11:00am <b>\$2.49 per visit</b>	<b>Open Gym</b> (Family) 12:00pm-1:30pm <b>FREE</b>	<b><u>CLOSED</u></b>
<b>Open Gym</b> (9-12) 3:00pm-4:30pm			<b>Pickleball</b> (18+) 12:30pm-2:30pm	<b>Open Gym</b> (9-12) 5:15pm-6:45pm	<b>Pickleball</b> (18+) 1:45pm-3:45pm	
<b>Open Gym</b> (Family) 5:00pm-6:30pm			<b>Pickleball</b> (18+) 6:45pm-8:45pm	<b>Open Gym</b> (13-17) 7:00pm-8:30pm		
<b>Volleyball</b> (18+) 6:45pm-8:45pm						

**NOTES: Centre will be Closed April 1, 2024 (Easter Monday) and May 20, 2024 (Victoria Day)**

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.